

Abstract

The invention relates to the use of porphyrin synthesis substances, in particular 5-aminolevulinic acid, if necessary in combination with salicylates in the form of acetylsalicyc acid and with antioxydising agents in the form of ascorbic acid when a phototherapy is carried out with a light emission whose wavelength ranges from 400 to 700 nm pour treating inflammatory processes, for instance on the skin and/or articulations of mammals and human beings, in particular for curing arthritis, simple psoriasis, arthropathic psoriasis and neuropathies such as 'a carpal tunnel syndrome or Bechterev's disease.